



NORTH CENTRAL SOCIETY
FOR POST-ACUTE AND
LONG-TERM CARE MEDICINE

Annual Seminar

April 18, 2018

Ramkota Hotel
Sioux Falls, SD

Sioux Falls, South Dakota 57104

Medical Directors Schedule

Wednesday
April 18, 2018

Roosevelt Room

8:00 AM - 8:25 AM
Registration - Breakfast

8:25 AM
Welcome - Dr. Bade

8:30 AM - 9:00 AM
“AMDA PALTC Update”
*Cari Levy, MD, PhD, CMD,
AMDA PALTC President*

As current president, Dr. Cari Levy will provide an overview of current strategic goals for AMDA, The Society for Post-Acute and Long-Term Care Medicine. She will answer questions attendees have and point out ways that attendees can become more involved in the organization.

By the end of this presentation, the participants will be able to:

- ◆ Summarize the values, mission and strategic goals
- ◆ List recent accomplishments and ongoing priorities
- ◆ Describe ways that individual members can contribute their passion, expertise, time and effort

9:00 AM - 10:00 AM
“CMS Emergency Preparedness Requirements for Long Term Care”
Shane Knutson, Manager Sr Living & Environmental Operations, Ev. Lutheran Good Samaritan Society

This session will explore the various requirements of CMS’s final rule on Emergency Preparedness Requirements for Medicare and Medicaid Participating Providers and Suppliers effective November 16, 2016, and implemented on November 15, 2017. This session will focus on application of these requirements in long term care settings and will provide an

opportunity for connecting these requirements with the role of the medical director.

At the end of this session, the participants will:

- ◆ Describe the fundamental requirements of CMS’s final rule on Emergency Preparedness Requirements for Medicare and Medicaid participating providers and suppliers
- ◆ Consider the role the medical directors play in partnering with providers on emergency preparedness in long term care

10:00 AM - 10:30 AM
Break

10:30 AM - 11:30 AM
“Update on State Alzheimer/Dementia Plan and Update on SD POLST”
*David Brechtelsbauer, MD, CMD, Emeritus Faculty, SF Family Medicine Residency Program
Oluma Bushen, MD, CMD, Geriatric Medicine Fellowship Graduate
LuAnn Eidsness, MD, Hospice and Palliative Care, Sanford Health*

Two non-profit groups are in the process of creating documents that will likely impact post-acute and long-term care patients and providers in South Dakota.

The South Dakota Chapter of the Alzheimer’s Association convened a South Dakota Alzheimer’s and Dementia Work Group to develop a South Dakota Alzheimer’s Disease Plan. The 21-member work group includes professional and institutional providers of care for dementia patients and their families, representatives from the SD Department of Human Services, SD Alzheimer’s Association leadership, as well as persons with dementia (PWD) and family caregivers.

Two North Central Society for Post-Acute and Long-Term Care Medicine members, Drs. Bushen and Brechtelsbauer, are work group members. The two Dr. B’s will review the findings revealed from a statewide needs assessment and the status of the plan.

LifeCircle South Dakota (www.usd.edu/medicine/lifecircle) is an organization housed at the USD Sanford School of Medicine. LifeCircle has convened an ad hoc committee charged to develop and implement an advance directive in the POLST paradigm. Dr. LuAnn Eidsness will report on the status of this effort and review most recent working draft.

At the end of this session, the participants will be able to:

- ◆ Understand why a State Alzheimer’s Plan and POLST-like document are important for SD citizens and PALTC providers
- ◆ Have an opportunity to contribute to the development of the two documents
- ◆ Be instructed on the assistance needed to assure SD Alzheimer’s State Plan and SD POLST-like advance directive are implemented and utilized

11:30 AM - 12:45 PM
Conference Room

NCSPALTC LUNCHEON -
◆ **BUSINESS MEETING**
◆ **ELECTIONS**

**Please visit the
NCSPALTC Exhibits
during breaks in the
Convention Lobby!**

12:45 PM - 1:45 PM

“Time Management for Medical Directors - Tools For Success”

*Victoria Walker, MD, CMD, Ev.
Lutheran Good Samaritan Society
Jon Berg, MD, CMD, Medical
Director, Northwood Deaconess
Health Center and Cooperstown
Medical Center*

The Medical Director/Attending Physician’s role has greatly changed. With the implementation of Requirements of Participation (RoPs), the Medical Director and/or Attending Physician’s role expectations have expanded and require more of your time.

This interactive presentation will focus on the duties of the Medical Director and highlight practical approaches for making the most of limited time.

At the end of this session, the participants will be able to:

- ◆ Recognize the key regulatory responsibility of the Medical Director as overall coordination of medical care in the center
- ◆ Identify adequacy and appropriateness of the medical services provided to the residents
- ◆ Provide oversight of patient care policies
- ◆ Translate the regulatory language into 5 practical expectations of activities the Medical Director should regularly participate in
- ◆ Identify 3 practices for maximizing time/effectiveness as Medical Director

1:45 PM - 2:45 PM

“Measuring Exposure to Antibiotics in LTC Residents of SD - Pilot Project Targeting and Investigating Antibiotic Exposure and Success Stories in LTC Centers”

*Kipp Stahl, RN, BSN, HAI Program
Coordinator, SD Department of
Health*

*Nato Tarkhashvili, MD, SD
Antimicrobial Resistance Expert,
SD Department of Health
Lori Hintz, RN, Quality
Improvement Advisor, SD
Foundation for Medical
Care/Great Plains Quality
Innovation Network*

The session describes a pilot project initiated by the South Dakota Department of Health (SD DOH) on measuring antibiotic consumption among long term care residents. The project will help long term care centers define their baseline consumption rates and monitor progress towards reduction of antibiotic use.

During this session, antibiotic stewardship success stories in long term care centers will be shared as to the ease of implementation, monitoring, etc.

At the end of this session, the participants will be able to:

- ◆ Familiarize audience with the goals of the project, methodology, and expected results
- ◆ Discuss long term benefits to participating facilities and SD DOH in general
- ◆ Familiarize attendees with the concept of an implemented antimicrobial stewardship program in a long term care center
- ◆ Share success of the antimicrobial stewardship program(s)

2:45 PM - 3:15 PM

Break

3:15 PM - 4:45 PM

“Pain - Acute vs Chronic - A Team Approach”

*Cari Levy, MD, PhD, CMD, AMDA
PALTC President*

*Mark Gerdes, RPh, Director, Avera
LTC Pharmacy*

*DeeAndra Sandgren, DON, Good
Samaritan Society -Luther Manor*

This presentation will focus on appropriate ordering, use, control, accountability, monitoring and eventually disposition of pain medications. Recent attention has been heightened to what is being called an “Opioid Epidemic” in America. This presentation will focus on how the long term care industry can use appropriate procedures to minimize the potential for societal impact while still providing appropriate pain relief to the residents that we care for. Appropriate pain assessment, strong prescribing habits, seamless handling, accountable disposition and auditing of each of these steps will be addressed during this program.

This session will utilize case studies reflecting the work of the Interdisciplinary Team to balance pain and quality of life. This session will discuss using a behavioral based assessment to drive changes in pain interventions for those residents triggering on the pain related Quality Measures.

At the end of this session, the participants will be able to:

- ◆ Recognize the role of each discipline in appropriate treatment of pain
- ◆ Evaluate, monitor, and if needed, improve procedures in place to ensure that controlled substances are available to residents, minimize the possibility of misuse or diversion of controlled substances
- ◆ Use time and dose thresholds to guide opioid prescribing approaches for acute and chronic pain in long term care

- ◆ Develop strategies to convey concerns about opioids while simultaneously eliciting resident fears about poor pain management
- ◆ Understand key elements in developing interdisciplinary, multifaceted pain management care plans in long term care
- ◆ Utilize “ICE” (Impact on ADLs, Coping Strategies, Emotional Responses) to identify impact of pain and effective pain management on resident quality of life
- ◆ Implement strategies to improve the nursing assessment and management of residents who consistently flag for frequent to almost constant moderate to severe pain

NCSPALTC is requesting 6.0 hours in medical direction toward certification as a Certified Medical Director (CMD).

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



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Registration Form

NCSPALTC’s Registration Form is designed to make registering for the Seminar easy. Please complete all the information on the Form to ensure proper registration.

How Do I Register?

Print or type your name and title on the Registration Form. You can download the form on the website at www.sdhca.org and click on the Medical Director Tab.

Submit your payment and Registration Form to:

**NCSPALTC
804 N Western Avenue
Sioux Falls, SD 57104
(No Phone Registrations)**

You may fax your Registration Form, but the original must be sent to the office with payment.
Fax: (605) 339-1354

Seminar and Hotel Information

All educational sessions and exhibits will be held at:

***Ramkota Hotel
3200 W Maple Street
Sioux Falls, SD 57107***

NCSPALTC seminar attendees are responsible for placing their own room reservations. The South Dakota Health Care Association (SDHCA) has blocked rooms at the Ramkota Hotel.

***Ramkota Hotel
3200 W Maple Street
Sioux Falls, SD 57107***

NCSPALTC attendees may reserve these rooms and the rates are as follows:

\$99.99 plus tax/Single
\$99.99 plus tax/Double

The Ramkota Hotel has sleeping rooms for the evenings of April 17 & 18, 2018. You must place your reservation by **March 17, 2018** by calling **605-336-0650**. Code: **SDHCA Room Block**

Cancellation Policy

Cancellations received on or before March 16, 2018, will be refunded. Any cancellations between March 17th and March 27th will be refunded minus a \$35.00 fee. Cancellations made after March 27th will not be refunded. All cancellations must be made in writing and faxed to (605) 339-1354 or emailed to sdhca@sdhca.org

Attn: NCSPALTC Seminar
Registration.

***April 18, 2018
Medical Director Lunch
(1 Free with Member Registration)
\$18.00 Value***

Sandwich, Soup and
Salad Buffet

Medical Director Speakers

Cari Levy, MD, PhD, CMD, is a Professor in the Department of Medicine at the Veterans Affairs (VA) Medical Center and the University of Colorado School of Medicine. She serves as the Director of Palliative Medicine and Associate Director of the Center of Innovation for Veteran-Centered and Value-Driven Research at the Denver VA Medical Center. She is the current President of AMDA The Society for Post-Acute and Long Term Care Medicine and an active member of the American Geriatric Society and the American Academy of Hospice and Palliative Medicine. She has been involved extensively in research with a focus on improving nursing home and end-of-life care for older adults.

Shane Knutson is the Manager of Senior Living and Environmental Operations for The Evangelical Lutheran Good Samaritan Society in Sioux Falls. He oversees operational compliance, support and training for senior living and environmental health and safety. Prior to this role, he served as the Director of Operations Support Services and as an Environmental Services Systems Consultant for the Society. He has been a trainer for the National Center for Housing Management's Certified Manager of Maintenance program. He holds a Bachelor's Degree from Northern State University.

LuAnn Eidsness, MD, is a full-time specialist in Hospice and Palliative Care Medicine and is employed by Sanford Health. She is the chairperson of LifeCircle South Dakota and of LifeCircle's POLST paradigm ad hoc committee. She is a past chairman of the Sanford School of Medicine's Department of Internal Medicine.

Oluma Bushen, MD, is a graduate of the Geriatric Medicine Fellowship at the USD Sanford School of Medicine. He is currently transitioning from his work with Avera in developing geriatric services and Avera's e-LTC to a new position at the Sioux Falls VA Medical Center. He is an Associate Director of the USD Geriatrics Fellowship Program and an Assistant Professor at the USD Sanford School of Medicine. He is also certified in Infectious Disease.

Jon Berg, MD, CMD, is the Chief of Staff at Northwood Deaconess Health Center in Northwood, ND, and Cooperstown Medical Center in Cooperstown, ND. He is the Medical Director at seven nursing facilities in North Dakota. Dr. Berg is a Certified Medical Director. He served as President of the North Dakota Medical Director Association for seven years. He holds a certificate of Added Qualifications in Geriatric Medicine.

David Brechtelsbauer, MD, CMD, is Emeritus Faculty at the Sioux Falls Family Medicine Residency Program. Although retired, he remains active as a teacher and mentor for providers of post-acute and long-term care. He is a graduate of the University of Michigan and an honorary life time member of AMDA, The Society for Post-Acute and Long-Term Care Medicine.

Victoria Walker, MD, CMD, is the Chief Medical & Quality Officer for the Evangelical Lutheran Good Samaritan Society. Dr. Walker is a Certified Medical Director. Prior to this position, she was a Family Physician at the Human Services Center in Yankton, SD. She also provided medical direction to the geriatric program at the Human Services Center.

Kipp Stahl, RN, BSN, is the Healthcare Associated Infections Program Coordinator for the SD Department of Health. Before his current position, he was the HAI Surveillance Coordinator with the State of South Dakota and conducted all Carbapenem Resistant Enterobacteriaceae (CAE) investigations in the State.

Nato Tarkhashvili, MD, is the SD Antimicrobial Resistance Expert for the SD Department of Health. In 2004, she joined the Epidemic Intelligence Service Program at CDC for a fellowship where she received a wide range of experience working on infectious and chronic diseases. She currently works with antimicrobial stewardship & pharmacoepidemiology of antibiotics.

Lori Hintz, RN, is the Quality Improvement Advisor for the Great Plains Quality Innovative Network through the SD Foundation for Medical Care in South Dakota. She serves on several advisory and stakeholder workgroups related to long term care in South Dakota.

Mark Gerdes, RPh, is the Director of Avera Long-Term Care Pharmacy for Avera McKennan Hospital and University Health Center. Prior to joining Avera in 2014, he spent over 25 years in a variety of pharmacy roles. He has worked in retail pharmacy, clinical and management roles within the closed-door pharmacy industry, and as the General Manager of Omnicare in South Dakota.

DeeAndra Sandgren, RN, is the Director of Nursing at the Good Samaritan Society - Luther Manor in Sioux Falls, SD. Before becoming the DON in 2015, she was Staff Development Director for Good Samaritan Society - Communities of Sioux Falls and a Rehabilitation Nurse at Good Samaritan Society - The Village. She also holds a Bachelor's Degree in Business Administration, Management and Marketing.